

Weight Loss  
& Wellness

Gfrag®  
South Africa

# Price List 2026









Transform your habits,  
not just your weight

WE DON'T DO DIETS,  
WE BUILD LIFESTYLES

Coaching is available for clients who are truly committed to losing weight.

- **Weekly Coaching R100**
- **Monthly Coaching R400**

*\*You may cancel at any time when you have the hang of your new lifestyle.  
\*Coaching is recommended but Optional*

## Gfrag® Lifestyle Plans

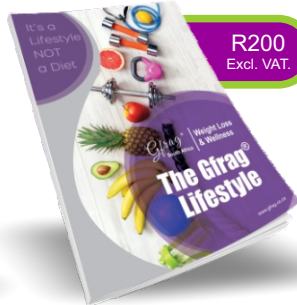
For lasting success, pair your Gfrag® Injections and Weight Loss Supplements with the Gfrag® Lifestyle Plan, healthy habits prevent the weight from coming back.



R120  
Excl. VAT.

### Gfrag® Mini Lifestyle

Week 1: Detox | Week 2: Metabolic Kick start  
Week 3: Mini Lifestyle | Week 4: 7 Day example of The Gfrag® Lifestyle



R200  
Excl. VAT.

### The Gfrag® Lifestyle

Refer to a Gfrag® Coach for more info on living the Gfrag® way.



R140  
Excl. VAT.

### Gfrag® Kids Lifestyle Plan

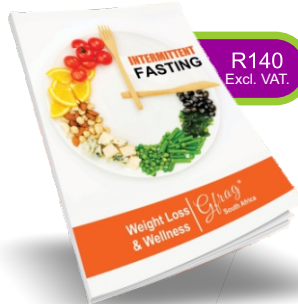
At Gfrag®, we believe that healthy eating habits are essential for your child's growth, development, and overall well-being. The Gfrag® Kids Lifestyle Plan is designed to provide you with daily guidelines, practical tips, and easy lunchbox recipes that make healthy eating simple and fun for children under 14. When you buy, cook, and prepare their food, you have the power to serve nutritious meals that fuel their energy, support their immune system, and help them thrive.



R390  
Excl. VAT.

### Gfrag® S.A Recipe Book

This all-in-one healthy lifestyle recipe book features 350+ delicious, nutrient-packed recipes designed to help you eat better, feel stronger, and live happier every single day. Whether you're just starting your wellness journey or looking to take it to the next level, this book empowers you to create balanced meals that nourish your body and satisfy your cravings. From energizing breakfasts and protein-rich lunches to guilt-free desserts and refreshing smoothies.



R140  
Excl. VAT.

### Gfrag® Intermittent Fasting

Refer to a Gfrag® Coach for more info on the Gfrag® Intermittent Fasting Guide.



Free with  
Selected  
Products

### Gfrag® 7 Day Example of the Gfrag® Lifestyle

When ordering **Weight Loss Products**, please indicate if you want a Gfrag® 7 Day Meal Plan **for free**. **80% of Weight Loss comes from what you eat.**

### Gfrag® Lifestyle & Gfrag® S.A Recipe Book Combo



R520  
Excl. VAT.



R250  
Excl. VAT.

### Gfrag® Menopause & Peri-Menopause

Hot flashes? Mood swings? Belly bloat? We've got you. Food, lifestyle & supplement tips



R200  
Excl. VAT.

### Eat to Ease. Anti-Inflammatory Guide

Struggling with autoimmune disease, chronic pain, or inflammation? The Eat to Ease Guide is a simple, step-by-step tool to help you make better food choices, reduce inflammation, and support long-term health.

Gfrag®

**STOP BEING THE PERSON WHO CRASH DIETS, LOSES 3KG WEIGHT, AND GAINS IT ALL BACK...**

**START BEING THE PERSON WHO USES A SUSTAINABLE PLAN, BUILDS LASTING HABITS AND NEVER STRUGGLES AGAIN..**

**Our Gfrag® Injections are safe and natural. They consist of various Amino Acids that the body itself cannot produce, which in turn results in weight loss, fat loss and overall health.**

We recommend using Gfrag® Injections for at least 3-6 months, depending on each individual's wellness and weight loss goals. Always begin your journey with Gfrag® Potent Fat Burner, then Gfrag® Lipolytic MIC Injections and the follow steps 3-5:

**When using the Gfrag® Range please follow this protocol to achieve the best results and maximum benefits!**

**STEP 1** Start with Gfrag® Potent Fat Burner Injections

**STEP 2** Gfrag® Lipolytic MIC

**STEP 3** Gfrag® Potent Fat Burner & Gfrag® Lipolytic MIC Combo

**STEP 4** Gfrag® Slimbomb  
-Never start your protocol here!

**STEP 5** Gfrag® Weight Loss Shot can be used on it's own or between step 1-4 or as a weekly weight loss booster / detox with other injections from the range.

**Please Note:** You will either have to utilise a registered nurse to administer your injections or undergo training to do them yourself. While we provide clear instructions, you administer the injections *at your own risk*.

## Gfrag® Injection Range



### Gfrag® Potent Fat Burner

- Aids in Weight Loss
- Resets Metabolism
- Regulates Blood Sugar
- Reduces Body Fat
- Anti-ageing
- Improves Sleep Pattern

**5mg R770** Excl. VAT.



### Gfrag® Lipolytic mic 5ml

A blend of Lipolytic, Mic and Amino Acids:

- Burns Stored, Stubborn Fat
- Boosts Leptin Levels
- Increases BMR
- Great for Belly Fat

**5ml R770** Excl. VAT.



### Gfrag® Slim Bomb

- 3x the strength of Gfrag® Potent Fat Burner
- Please Note Step 4 Above

**\*Subject to Availability 10mg R1 200** Excl. VAT.



### Gfrag® Weight Loss Shot

- Reduces body fat
- Converts fat to energy
- Minimizes visceral fat
- Boosts metabolism
- Lowers Cholesterol
- Reduces fatty deposits in the liver

**5ml R750** Excl. VAT.



### Gfrag® Slim Tan

The Gfrag® Slim Tan Duo formula contains L-Tyrosine so you Lose weight while getting a beautiful, bronze skin tone

**10mg R800** Excl. VAT.



### Gfrag® Hunger Hush Injection

- Suppresses Appetite Naturally
- Supports Hormonal Weight Management (Perimenopause & Menopause)
- Regulates Metabolism and Cravings
- Enhances Energy Utilisation
- Aids n managing Insulin Resistance
- Boosts and Enhances the results and effectiveness of Appetite Suppressant Peptide Injections by making it stronger

**1 Month Supply R2 000** Excl. VAT

**1 Single Injection R500** Excl. VAT



### Gfrag® Weight Loss Shot + Appetite Suppressant Peptides

- Reverses Diet Induced Obesity
- Suppresses Appetite
- Increases Cellular Energy Regulators
- Treated Related Metabolic Conditions
- Increases NAD<sup>+</sup> and SAM Concentrations in FAT Cells
- Prevents Lipogenesis (Fat Accumulation)
- Regulates Energy Expenditure in Fat

**\*Subject to Availability 5mg R1 500** Excl. VAT.



### Gfrag® HCG + HCG Protocol

- Hormonal Slimming
- Eases Premenstrual Tension
- Regulates Hormonal Imbalances
- Improves Metabolism

**\*Includes HCG Protocol**

**\*Subject to Availability 500IU R800** Excl. VAT.

## Gfrag® Injection Combo's



**Gfrag® HCG + Lipolytic MIC  
R1 300.00**

**Gfrag® Potent Fat Burner  
Lipolytic MIC  
R1 100.00**



**Gfrag® Weight Loss Shot +  
Appetite Suppressant  
peptides &  
Hunger Hush Booster  
Injection  
R2 000.00**





**Gfrag® Products are effective when combined with proper nutrition and consistency. If you are not changing what you eat, results cannot be guaranteed.**

## Gfrag® Appetite Management



### Gfrag® Hunger Buster

- Natural Appetite Suppressant
- Suitable for all ages

**90 Caps R350** Excl. VAT.



### Gfrag® Skinny

- Dual Formula
- Appetite Suppressant & Fat burner
- Our best seller

**30 Caps R440** Excl. VAT.



### Gfrag® 7 Day

- Increases Metabolism
- Controls Appetite
- Aids in HGs like wedding or an important upcoming event.

**R195** Excl. VAT.



### Gfrag® Kilo Off Slimming Syrup

- Fat Accelerator
- Appetite Management
- Energy Booster
- Added Wholefoods

*\*Cherry flavour. Contains high doses of caffeine.*

**500ml R400** Excl. VAT.



### Gfrag® Super Appetite Suppress

Gfrag® Appetite Suppressant contains 5-HTP and will assist with emotional eating.

**60 Caps R500** Excl. VAT.

## Gfrag® Fat Burners



### Gfrag® Potent Fat Burner

- Fat Loss
- Increases Metabolism
- Suited for people with heart problems or epilepsy

**60 Caps R280** Excl. VAT.



### Gfrag® Thermoslim 12 Hour

- Scientific Fat Burn Formulation for 12 hours
- Thermogenic Fat Burn with added benefit of Mood Enhancer
- Enhances Mental Sharpness
- Increases Energy

**60 Caps R320** Excl. VAT.



### Gfrag® Fat Burning Hot Chocolate

- 20 Calories per Serving
- Made from Dutch Cocoa
- Promotes Healthy Gut
- Fat Burner
- Contains L-Carnitine
- Sugar Free
- Contains Anti-oxidants
- Boosts Immune System
- Contains Gut-Amine
- Can be used for baking

**500g R400** Excl. VAT.



### Gfrag® Fat Burning Slimming Coffee

- Burns Body Fat
- Appetite Reduction after 4 days.
- Snack Less
- Reduces Cellulite
- Increases Metabolism
- Drink as desired: Super charge your morning coffee by adding 1tsp into your cappuccino or coffee
- Add to smoothies or make your own Frappuccino

*\*Available on Pre-order* **500ml R450** Excl. VAT.



### Gfrag® Skinny Berry Juice

- All in one Fat Loss Support
- Aids in Weight Loss
- Increases Energy
- Multivitamin & Anti-oxidant
- Great pre-workout

*\*Flavours may vary depending on Availability*

*\*Subject to Availability* **250g R300** Excl. VAT.



### Gfrag® Slimming Powder

- Burns Visceral Fat around Organs
- Contains other Health Benefits connected to Anthocyanins
- Use with any of our injections for super results

**375g R490** Excl. VAT.



### Gfrag® AMPK

#### Fat burner for Peri/Menopausal Women

- Encourages the body to burn stored abdominal fat
- Revitalizes youthful AMPK levels
- Two potent botanical extracts trigger AMPK activity
- Promotes healthy cellular metabolism
- This supplement should be taken in conjunction with a healthy diet and regular exercise program

*\*Individual results are not guaranteed, and results may vary*

**90 Caps R400** Excl. VAT.

*If you are not willing to change your eating patterns then Gfrag® Weight Loss is not for you...*

*80% of Weight Loss happens with the food choices you make.*

*Food is medicines!*

*Please  
Take  
Note...*

*Eating healthier is not expensive at all.*

*Less people will be on chronic medication / diagnosed with chronic illness if they made the right food choices.*

*Do not expect changes if your are not willing to give up old habits & implement new ones.*



## Gfrag® Gut Health



### Gfrag® Gut-Amine

- Relieves IBS and Heals Leaky Gut
- Anti-Ageing
- Improves Athletic Performance
- Improves Symptoms caused by Diabetes
- Improves Gut Health
- Anti-Inflammatory
- Protects Ulcers from further Damage
- Boosts Brain Health, Decreasing Memory Loss
- Reduces cravings for Tobacco and Alcohol
- Repairs and Rebuilds lining of the digestive tract
- Great for chemo patients (Reduces Tissue Damage)

Gut Liner

200g R290 Excl. VAT.



### Gfrag® Sculpt & Cleanse

- Helps with Constipation

Colon Cleanser

60 Caps R290 Excl. VAT.



### Gfrag® IBS

Helps with:

- Inflammation of Colon
- Strengthens Colon Lining
- Bloating and Flatulence
- Abdominal Pain

Pain Relief

90 Caps R340 Excl. VAT.



### Gfrag® Pro Bi

- Promotes Intestinal Health
- Increases Healthy Bacteria in the Gut.
- Improves: IBS
- Diarrhea
- Constipation
- Acid Reflux / Heartburn
- Use with Gfrag® Berberine for Candida

Pro-Biotic

\*Subject to availability 60 Caps R300 Excl. VAT.



### Gfrag® Colitis & Crohn's

A Herbal Supplement that assists with pain and inflammation associated to Ulcerative Colitis, Crohn's, Gastritis & Enteritis.

\*Use with Gfrag® Gut-Amine

30 Caps R290 Excl. VAT.



### Gfrag® Gut-Master

Colon Healer & Support

- Anti-Inflammatory
- Digestion
- Leaky Gut
- Microbiome
- IBD & IBS
- Gut-Health
- Cherry Berry Flavour

Quadbiotic

500g R580 Excl. VAT.



### Gfrag® Zinc L-Carnosine

- Leaky Gut
- Gastritis
- Ulcers
- Helicobacter Pylori
- Beneficial for children / grown-ups with Autism
- Protects the Gut Mucosa from Inflammation and Damage
- Helps Restore Damaged Gastric

Gut Inflammation

60 Caps R450 Excl. VAT.



### Gfrag® Bromo Boost

Bromo Boost is an enzyme extract from pineapple stems and fruit, and it's known for a variety of potential health benefits.

- Digestive Enzyme
- Anti-Inflammatory
- Great for Pancreatic problems
- Helps with Angina, Bronchitis, Sinusitis, Osteoarthritis, Wound healing
- Improves appearance of Cellulite
- Helps with Bloating
- Improves Skin texture
- Anti-Oxidant
- Great for post-op healing

Pineapple Flavour

250g | 50 Servings R300 Excl. VAT.

## Gfrag® Skin Range For Men & Women



### Gfrag® NMN Anti-Ageing

- Anti-ageing & longevity
- Mitochondrial function & energy support
- NAD+ production & cognitive function
- Boosted energy levels
- Improves feeling of wellness
- Improves blood flow in skeletal muscle
- Improves bone density, eye function and liver health
- Reduction in age-related weight gain
- Improves insulin activity and production and glucose tolerance
- Improves muscle strength & endurance

R820 Excl. VAT.



### Gfrag® Skin Renew

Gfrag® Skin Renew is a natural skin renewal supplement that helps with:

- Hydrates the skin from the inside
- Delaying skin-Ageing
- Improving Skin Elasticity
- Assisting with Sun Damage
- May reduce Pigmentation
- Protects skin against free radicals
- UV Protection by strengthening skin structure
- Contains Hyaluronic Acid

\*Drink with 2 glasses of water.

30 Caps R380 Excl. VAT.





### Gfrag® Skin Lips Hair

- Assists with Acne
- Helps clear the Skin
- Anti-Inflammatory for Skin and Lips
- Banishes Cold Sores
- Fights Hair Loss

**60 Caps R280** Excl. VAT.



### Gfrag® Collagen Cream

- Made with Collagen Peptides
- Hydrates
- Lifts
- Firms
- Restores
- With Vitamin A, C, E and Co-Enzyme Q10 & Collagen

**50ml R425** Excl. VAT.

## Gfrag® Women's Range



### Gfrag® Fembido Libido Support

Gfrag® Fembido is a Female Intimacy Supplement that helps with Sexual Drive

Libido

*\*Use with Gfrag® Cortisol Support for Maximum Results.*

**60 Caps R350** Excl. VAT.



### Gfrag® Hot Flush / Gloede

Gfrag® Hot Flush / Gloede Supplement helps with:

- Excessive Sweating
- Hot Flushes
- Night Sweats

*\*Use with Gfrag® SHE / Cortisol Support*

**60 Caps R330** Excl. VAT.



### Gfrag® PCOS powder

- Regulates Menstrual Cycle
- Hormonal Acne
- Regulates Blood Sugar
- Hirsutism (Facial Hair)
- PMDD
- PMS

PCOS

*\*Drink after Breakfast, on a full stomach.*

**500g R580** Excl. VAT.



### Gfrag® PCOS & Insulin Resistance Supplement

- Helps promote a Healthy Hormone Balance for ladies with PCOS
- Support overall Reproductive Health
- Promotes Regulation of Menstrual Cycle
- Can help improve Metabolic Health
- Assists in Increasing Insulin Sensitivity
- May Support symptoms of PCOS

PCOS + Insulin Resistance

**120 Caps R500** Excl. VAT.



### Gfrag® Female Health

- Fights Inflammation
- Helps with age associated memory
- Removes excess bad estrogen
- Decreases uterine fibroids
- Longevity
- Anti-aging
- Prevents atherosclerosis
- Reduces fatigue, improves low wave sleep
- Helps with menopausal symptoms
- Eye & Brain health
- Energy
- Lowers cholesterol

Preventative

**60 Caps R320** Excl. VAT.



### Gfrag® Menopause Supplement

An all natural, daily supplement to restore balance and relieve the symptoms of menopause.

- Assist with menopausal symptoms
- Increases hormones like FSH slightly
- Helps for severity of hot flushes
- Increases energy levels
- Improves mood
- Alleviates anxiety
- Increases sexual desire
- Increases muscle strength
- Improves skin health
- Lowers binding of estrogen to estrogen receptors

Menopause

**90 Caps R400** Excl. VAT.



### Gfrag® Meno Belly

- Prevents Hormonal Toxicity
- Helps with Menopausal Belly Fat
- Lessens High Cortisol Levels

Menopause Belly

**120 Caps R395** Excl. VAT.



### Gfrag® SHE

- Balances Hormones
- PMS Relief
- Mood Support
- Hormonal Harmony
- PMDD Relief

Hormone Balancer

**60 Caps R400** Excl. VAT.



### Gfrag® Wild Yam Complex

- Increases Progesterone
- Helps with Low DHEA

**60 Caps R350** Excl. VAT.





### Gfrag® Vitamin E with Herbal Co-Factors

- Beneficial to people who suffer from Parkinson Disease
- Good for Breast health and pain
- Works against free radicals
- Cholesterol Balancer
- Good for your eyes
- Good for muscular strength and endurance
- Beneficial in reducing risks of cancer
- Beneficial for people who suffer from Alzheimer Disease
- Helps in restoration of damaged skin
- Beneficial for your hair
- A must for dry skin

\*3 Months Supply

**90 Caps R290** Excl. VAT.



### Gfrag® Omega 3

- Supports Joint Health
- Supports Nervous System
- Supports Cardiovascular Health
- Brain Health
- Mood
- Eye health
- Effective Anti-Inflammatory

Anti-Inflammatory

✓ Heavy Metal & Mercury Tested

\*3 Months Supply

**120 Caps R410** Excl. VAT.



### Gfrag® Progesterone Booster

- Supports your body's natural hormone rhythms with our expertly crafted formula, designed to promote healthy progesterone levels
- Ideal for Peri-menopause & Menopausal Women

Progesterone Booster

**30 Caps R260** Excl. VAT.



### Gfrag® Testo Booster

- Increases free testosterone naturally.
- Enhance libido, energy, and vitality.
- Improve mood, muscle strength, and stamina
- Supports androgen and testosterone production
- Regulates estrogen / progesterone balance
- Reduces prolactin levels (which suppress testosterone)
- Promotes a healthy testosterone-to-estrogen ratio
- Stimulates luteinizing hormone (LH) for natural testosterone production

Testosterone Booster

**60 Caps R400** Excl. VAT.

## Gfrag® Men's Range

While the majority of our Gfrag® Products are suitable for both men and women, these products are specially formulated to meet the unique needs of men, offering targeted benefits.



### Gfrag® Male Health

- Boosts Testosterone & Energy
- Boosts Overall Health
- Increases Lean Muscle
- Increases Libido
- Anti-Oxidant
- Anti-Cancer Properties
- Anti-Viral & Anti-Bacterial
- Longevity
- Reduces Inflammation
- Reduces risk of heart disease
- Lowers Cholesterol

Preventative

**60 Caps R300** Excl. VAT.



### Gfrag® Prostate+ Support

- Strong anti-oxidant effects
- Reduces Swelling (hyperplasia) and inflammation of the prostate
- Increases stronger urine flow
- Alleviates the amount of urinating at night

• Assists with stronger erections  
\*Compliments Gfrag® Male Health very well. For high stress, combine with Gfrag® Cortisol Support.

**90 Caps R320** Excl. VAT.



### Gfrag® Gout

- Gfrag® Gout will lower the PH of ones body and will also help with pain relief but if somebody doesn't adhere to the gout rule which is "Go easy on the red meat and alcohol" well.....
- Also great for Joint and Ligament Pain associated with gout

**120 Caps R380** Excl. VAT.



### Gfrag® Hangover | Babbelas Recovery Remedy

Gfrag® Hangover | Babbelas Recovery Remedy absorbs alcohol and so alleviating your hangover.

\*Gfrag® Liverite will help remove alcohol from the liver.

**60 Caps R300** Excl. VAT.



### Gfrag® Wild Yam Complex

- Prostate Health (Use with Gfrag® Prostate Plus Supplement)
- Penile Dysfunction
- Low Sperm Count
- Helps with Low Progesterone

**60 Caps R350** Excl. VAT.



### Gfrag® Progesterone Booster

- Supports your body's natural hormone rhythms with our expertly crafted formula, designed to promote healthy progesterone levels
- Ideal for Men with Low progesterone

**Progesterone  
Booster**

**30 Caps R260** Excl. VAT.



### Gfrag® Testo Booster

- Increases free testosterone naturally.
- Enhance libido, energy, and vitality.
- Improve mood, muscle strength, and stamina
- Supports androgen and testosterone production
- Regulates estrogen / progesterone balance
- Reduces prolactin levels (which suppress testosterone)
- Promotes a healthy testosterone-to-estrogen ratio
- Stimulates luteinizing hormone (LH) for natural testosterone production

**Testosterone  
Booster**

**60 Caps R400** Excl. VAT.

## Gfrag® Kids Range



### Gfrag® Calm Kiddies

- Relieves Anxiety and Tension
- Assists with Stress
- Has a Calming Effect
- Assists with the treatment of ADD and ADHD Symptoms

**\*For Adults & Children. Adults required dosage: 1 capsules in the afternoon, 2 before bedtime.**

**60 Caps R290** Excl. VAT.



### Gfrag® Memory Booster

- Assists Short term Memory
- Improves Long term Memory
- Increases Learning Abilities
- Supports Mental Focus

**\*For Adults and Children**

**90 Caps R350** Excl. VAT.



### Gfrag® Kiddies Immune Booster Syrup

- Use Gfrag® Kiddies Immune Booster to fend off viruses and to boost immune system, a must for all creche and primary school kids

**\*Natural Products - Separation may occur.**

**250ml R210** Excl. VAT.



### Gfrag® Memory Booster Syrup

- Assists Short Term Memory
- Improves Long Term Memory
- Increases Learning Abilities
- Supports Mental Focus

**\*Natural Products - Separation may occur.**

**250ml R220** Excl. VAT.



### Gfrag® Kiddies Multi Vitamin & Mineral Supplement

Gfrag® Multivitamin And Mineral Syrup is a yummy supplement that comes packed with all the essential nutrients your little one's body to maintain great health to help with growth and for your little one to flourish

**\*Natural Products - Separation may occur.**

**250ml R210** Excl. VAT.



### Gfrag® Calm Kids Syrup

- Relieves Anxiety & Tension
- Assists with Stress
- Has a Calming Effect
- Assists with the treatment of ADHD & ADD symptoms

**\*Natural Products - Separation may occur.**

**250ml R220** Excl. VAT.



### Gfrag® Kids Lifestyle Plan

Gfrag® Kids Lifestyle Plan for everyday guidelines and lunch box recipes

**R140** Excl. VAT.

## Gfrag® Heart Health



### Gfrag® Cardio Health

- Strengthens Heart Muscle
- Lowers Blood Pressure
- Regulates Heartbeat
- Lowers Cholesterol
- Can be used as Preventative for Heart Ailments

**Heart  
Vitamin**

**60 Caps R320** Excl. VAT.



### Gfrag® Circulation Capsules

- Improves Blood Circulation
- Cleanses & Dilates Arteries
- Helps with Winter Hands and Feet
- Helps with Pins and Needles
- Varicose Veins
- Lowers Cholesterol
- Assists with Heavy and Swollen Legs due to bad Blood Circulation.

**Circulation**

**\*For swollen legs add Gfrag® Lymphlex Drops**

**90 Caps R320** Excl. VAT.



### Gfrag® Blood Pressure

A Natural Supplement to lower high blood pressure. Can be used with any other Gfrag® Health and Wellness Products

**For High  
Blood Pressure**

**60 Caps R300** Excl. VAT.



### Gfrag® Cholesterol

A Natural Supplement for people with High Cholesterol

- Lowers Bad Cholesterol (LDL cholesterol)
- Lowers Fat in Blood
- Removes Cholesterol out of the veins and by doing so cleanses arteries
- Prevents inflammation in veins

**High  
Cholesterol**

**30 Caps R300** Excl. VAT.



## Gfrag® Summer Range



### Gfrag® Cellulite Release

Gfrag® Cellulite Release is highly effective in reducing and eradicating cellulite. This strong compound provides your body with a powerful dose of healthy nutrients, herbs and natural extracts. The unique formula works in synergy with your body, targeting and reducing cellulite on all the main tell-tale areas ie. your bottom, thighs & abdomen.

**\*For significant results, use with Gfrag® Lymphlex and Gfrag® Collagen**

**90 Caps R330** Excl. VAT.



### Gfrag® Beautifully Bronzed Tan

Activate your Tan without the Sun!

- Gradual Bronze Glow over time
- Amplifies, Optimizes & Prolongs existing Tan
- Makes skin Stronger against the sun (still use SPF)
- Spend 20 minutes in the sun to Activate an even Deeper Bronze Tan

**90 Caps R500** Excl. VAT.



### Gfrag® Tight & Tone - The Skin Tightener

- Lipolysis in a bottle
- Promotes Lean Body Mass
- Boosts Metabolism
- Breaks Down Fat Cells
- Promotes Lipolysis

**\*For significant results, use with Gfrag® Cellulite Release or Gfrag® Collagen. Add some weights and you have a winner!**

**90 Caps R400** Excl. VAT.



### Gfrag® Boot Camp Body Shake

- Add to Smoothies
- Use for Baking
- One shake per day can be used as a meal replacement

**\*Chocolate, Vanilla / Strawberry flavour available on Pre-order.**

**1kg R340** Excl. VAT.



### Gfrag® Fat Burning Water Enhancer - Super Charge your Water

- Contains Fat Burning Ingredients
- A great way to consume your daily water intake
- Added Wholefoods

**\*Contains: Iodine**

**250ml R220** Excl. VAT.



### Gfrag® G-tone CLA

- Prevents Weight Regain
- Maintains LEAN Body Mass
- Mobilizes Stored Fat as Energy
- Aids in Skin Firmness

**90 Caps R280** Excl. VAT.

CLA



## Gfrag® Detox

- What makes Gfrag® Detox different than others is that it removes toxins from the liver, kidneys, lymphatics, blood and tissues. Gfrag® Detox also reduces free radicals, water and Fat soluble toxins, improves energy and assists with weight loss. Any person starting a new weight loss regime can benefit from detoxing.

**90 Caps R420** Excl. VAT.

## Gfrag® Winter Range



### Gfrag® Beta-Immune

- Advanced Immune Formula
- Contains Beta-Glucans for Immune Support

**\*For Adults and Children**

**60 Caps R300** Excl. VAT.



### Gfrag® Lung Defence

- Promotes Healthy Lungs
- Bronchitis
- Lowers Respiratory Infections
- Asthma
- Enhances and Optimizes Oxygen
- Smokers Lungs
- COVID-19
- For Athletes

**60 Caps R350** Excl. VAT.



### Gfrag® 8-in-1 Super Immune Booster Blend

- Compromised Immune
- Flu, Colds / COVID
- Cold Sores
- Resists infections
- Prevents Cell Damage
- Use if you have an Underactive Thyroid

**60 Caps R320** Excl. VAT.



### Gfrag® Flu & Cold Caps

- Recover faster from Flu and Colds
- Non-Sedative
- Natural Ingredients

**60 Caps R300** Excl. VAT.



### Gfrag® High Protein Meaty Soup

- Use as a meal replacement or as a snack
- Use in recipes or as a delicious gravy
- High Protein | Low GI
- Added Amino Acids and Fat Burner
- 46 Calories per serving

**\*Subject to Availability**

**600g R420** Excl. VAT.



### Gfrag® Breath Easy Mints

Gfrag® Breath Easy Mints are powerful eucalyptus-infused crystals designed to release soothing vapors that ease cold, flu, and cough symptoms. Only for Inhalation.

**R25** Excl. VAT.



### Gfrag® Fat Burn Hot Chocolate

- Promotes Healthy Gut
- Fat Burner
- Contains L-Carnitine
- Sugar Free
- Contains Anti-oxidants
- Boosts Immune System
- Contains Gut-Amine
- Can be used for baking
- Add to plain yoghurt for a treat or use it to make a shake
- 20 Calories per Serving

**500g R400** Excl. VAT.

## Gfrag® Collagen Range



### Gfrag® Hydrolized Peptan Collagen with Vitamin C

- Support Bone & Joint Health
- Supports a Healthy Gut
- Firms Loose Skin
- Reduces Wrinkles
- Improves Skin Hydration
- Reduces Cellulite
- Maintains & Builds Muscle
- Healthy Strong Nails
- Healthy Strong Hair
- Promotes Organ Health
- Youthful, Clear Skin

**\*1-3 Months Supply**

**250g R400** Excl. VAT.



### Gfrag® Travel Collagen

- Refillable

**\*Subject to availability**

**80g R150** Excl. VAT.



### Gfrag® Collagen Sachets

- Your favourite Gfrag® Collagen now comes in a sleek, waterproof pouch packed with 15 convenient sachets, perfect for life on the go!
- No mess. No fuss. No excuses. Just gut love, skin on fleek, joint support and everyday confidence -wherever you are
- Each sachet delivers 10g of Collagen + 10g of Protein for optimal results.
- Your daily dose of Gfrag®, anytime, anywhere

**15 sachets**

**\*Subject to availability**

**R380** Excl. VAT.

### Gfrag® Collagen Cream



- Made with Collagen Peptides
- Hydrates | Lifts | Firms | Restores
- With Vitamin A, C, E and
- Co-Enzyme Q10 & Collagen

**50ml R425** Excl. VAT.



### Gfrag® Hot Chocolate Collagen

- Type 1 & 3
- Once a Day
- Creamy & Versatile
- 100% Natural
- 5g Protein per Serving
- Cocoa for Drinking or Baking

**\*Available on Pre-order**

**500g R500**

Excl. VAT.



### Gfrag® Hydra Collagen Glow Body Oil - for all skin types

- Fast Absorbing
- Hydrating
- Glow Restoring
- Anti-Ageing
- Skin Plumping

**R285** Excl. VAT.

## Gfrag® Nutraceuticals & Additional Products



### Gfrag® Super Green Health & Beauty Supplement

- Hair, Skin, Nails
- Gut Health
- Immune Boosting
- Hormone Balancing
- Daily dose of Greens
- Anti-Ageing
- Improves Appearance of Cellulite
- Relieves Joint Pain

**\*On Order: Waiting period 14 days**

**400g R680** Excl. VAT.



### Gfrag® Magnesium Ultra Potent Pink Powder

- Relieves Tension
- Headache and Migraines
- Helps with Insomnia
- Reduces Stress Symptoms like Anxiety
- Manages Fibromyalgia Pain
- Relieves Muscle Cramping
- PMS

**\*Note: has a Laxative Effect.**

- **For migraines use with Gfrag® Migraine Support.**

**200g R300** Excl. VAT.



### Gfrag® Magnesium X7

Magnesium does A LOT of things! Despite magnesium's enormous behind-the-scene role in our health, it gets little notice. This mineral CANNOT be overlooked if we want to achieve optimal health!

#### Blend of X7 Magnesiums with 3 Supporting Magnesiums:

- Magnesium Glycinate for anxiety
- Magnesium Orotate for peaceful sleep
- Magnesium Taurate for blood sugar
- Magnesium Gluconate to reduce inflammation & improve digestion
- Magnesium Aspartate for neuron protection
- Magnesium Bisglycinate to treat PMS
- Magnesium Chelate for muscle tissue, hormone regulation
- Magnesium Malate
- Magnesium Citrate
- Magnesium Ascorbate

**120 Caps R410** Excl. VAT.

### Gfrag® Lymphlex

- Lymph Drainage
- Improves the appearance of cellulite
- Relieves Oedema
- Detoxifies



**Lymphatic Cleanser**

**100ml R300** Excl. VAT.





### Gfrag® Hypothyroid

A Herbal and Nutrient formulation that assists the production of thyroid hormones and supports normal thyroid functions. L-Tyrosine is a precursor for thyroid hormones whilst Iodine is essential for normal thyroid function.

**\*Safe to use with Chronic Thyroid Medication**

**\*Contains Iodine**

**60 Caps R330** Excl. VAT.



### Gfrag® Liverite

- Cleanses Liver of Toxins
- Assists with Fatty Liver
- Removes Excess Estrogen
- Gallbladder Support
- Thyroid Support

Liver Detox & Support

**60 Caps R300** Excl. VAT.



### Gfrag® Cortisol Support

- Promotes Healthy Cortisol Levels
- Supports Healthy Adrenal Function
- Reduces Stress Levels
- Hormonal Belly Fat
- Relieves Fatigue
- Low Libido
- Adrenal Fatigue
- Balances high or low cortisol

**60 Caps R380** Excl. VAT.



### Gfrag® Migraine Support

- Prevents Migraines
- Lessens the Severity of Migraines
- Assists with bad Headaches
- Helps with Psoriasis
- Helps with Tinnitus (ringing in the ear)

**30 Caps R200** Excl. VAT.



### Gfrag® Berberine

- PCOS
- Assists with Depression
- Reduces Cholesterol
- Reduces Sleep Apnea
- Insulin Resistance
- Lowers High Blood Pressure
- Prevents Weight Gain
- Lowers Cholesterol
- Metabolic Syndrome
- Candida
- Diabetes
- Anti-Viral | Anti-Fungal | Anti-Bacterial
- A must for Peri-Menopause and Menopausal women

**90 Caps R400** Excl. VAT.



### Gfrag® Memory Booster

- Assists Short term Memory
- Improves Long term Memory
- Increases Learning Abilities
- Supports Mental Focus

**\*For Adults and Children**

**90 Caps R350** Excl. VAT.



### Gfrag® Aqua Ban

A Natural Diuretic that assists with Water Retention

**60 Caps R280** Excl. VAT.



### Gfrag® Bottom Slim

Burns Visceral fat around the Hips and Thighs.

**\*Use in conjunction with other Gfrag®**

**Products for Stubborn Hip and Thigh Fat - ask your coach.**

**30 Caps R290** Excl. VAT.



### Gfrag® Leptiburn

- Supports Leptin Production & Sensitivity
- Supports Accelerated Fat Loss
- Diminishes Weight Loss Plateaus

Leptin Support

**\*If you have low Leptin Levels, please use with Gfrag® Lipolytic MIC.**

**90 Caps R340** Excl. VAT.



### Gfrag® Crave Crusher

- Blood Sugar Regulator that assists with cravings, once blood sugar is regulated the desire to snack is less
- Perfect for candidates that have a sweet tooth and constant cravings

**60 Caps R290** Excl. VAT.



### Gfrag® Cheat Pill

A Blend of Fat and Carb blocking agents that bind on fat and carbs consumed in high calorie meals

Carb & Fat Blocker

**90 Caps R380** Excl. VAT.



### Gfrag® Belly Fat Reducer

Made up of Advanced Clinically Studied Ingredients to Combat Visceral Stomach Fat.

**\*Use with Gfrag® Lipolytic MIC & our Gfrag® Slimming Powder to target belly fat.**

**90 Caps R320** Excl. VAT.



### Gfrag® Anxiety & Depression

- Natural Stress Relief
- Calms the Mind
- Helps Support Mental Well-being
- May help improve symptoms of Depression
- Helps with Anxiety

**60 Caps R380** Excl. VAT.



### Gfrag® ZZZZ Sleep Supplement

- Gfrag® ZZZZ Sleep Supplement aids in achieving REM sleep
  - Helps with Tension and Anxiety
- \*Add Gfrag® Magnesium as it promotes healthy sleep**

**60 Caps R390** Excl. VAT.



### Gfrag® Green T & CLA

Gfrag® Green Tea 95% with CLA Powder combines the powerful benefits of Green Tea Extract (standardized to 95% polyphenols) with Conjugated Linoleic Acid (CLA), creating a potent formula designed to support fat loss, boost metabolism, and improve overall body composition.

**60 Caps R300** Excl. VAT.



### Gfrag® Green Tea

- 98% Pure Green tea
- Aids in Weight Loss and Abdominal Fat
- Speeds up Metabolism
- Reduces Abdominal Bloating
- Lowers Blood Pressure, Sugar and Cholesterol

**1 Capsule = 9 Cups of Green Tea.**

**60 Caps R280** Excl. VAT.



### Gfrag® Butterfly Pea Flower Health and Wellness Tea

- Uplifts Mood
- Enhances Skin Health
- Glowing Skin
- Promotes Graceful Ageing
- Accelerates Weight Loss
- Stimulates Hair Growth
- Ameliorates Diabetic Conditions
- Uplifts Cardiac Wellness (Heart Health)
- Promotes Healthy Eyesight
- Anti-Oxidant
- Great for Depression, Stress & Anxiety
- Aids in Hormone Balance
- Enhances Immune
- **And much more....**

**50g R190** Excl. VAT.



### Gfrag® Butterfly Pea Flower Health and Wellness Tea

*Including Tea Infuser*

**R220** Excl. VAT.



### Gfrag® Pain Spray

Pain Spray Eases Pain associated with:

- Sciatica
- Muscle Pain & Strain
- Joint Pain & Arthritis
- Menstrual Pain
- Anti-inflammatory
- Rheumatoid Arthritis
- Corns & Bunions
- Pain Blocker
- Nerve Pain
- Migraines & Headaches
- Muscular Pain
- Plantar Fasciitis
- Callouses
- Osteoarthritis & Tendinitis

**\*Can be used for heavy metal detox**

**50ml R200** Excl. VAT.



### Gfrag® Joint Pain Relief

Gfrag® Joint Pain Relief is a Anti-inflammatory Supplement that helps with joint pain, tendons and ligaments. It not only relieves pain in the joint but around the joint too.

**\*Can be used with: Gfrag® Gout, Gfrag® Collagen, Gfrag® Pain Spray**

**90 Caps R300** Excl. VAT.



### Gfrag® Iron Booster

Increases the serum iron levels and prevents iron induced constipation

**30 Caps R200** Excl. VAT.



### Gfrag® High Protein Ice Coffee

- 93 Calories
- 20g Protein
- 2g Carbohydrates
- Add a scoop with ice into a blender for a coffee freezo
- Add to plain smoothie for a creamy coffee smoothie
- Add to plain yoghurt or cottage cheese for a delicious dessert

**700g R480** Excl. VAT.



**All-in-one  
Green & Red  
Superfoods**

### Gfrag® Super Blacks

- Overall Health Supplement
- Green & Red Wholefoods
- Nutrition in Capsules
- Gluten Free
- Non GMO
- For those that don't like the taste of powders
- May Balance Blood Sugar Levels
- Supports Heart Health
- High Fiber
- Fights Cancer
- Improves Gut Health
- Anti-Inflammatory
- Unique Anti-Oxidants
- Blood Cleanser
- Protects against UV radiation
- Boosts Immune System
- Regulates Blood Pressure
- Binds and Detoxes Heavy Metals
- Electrolyte
- Liver Health
- Digestive Health
- PMS
- Fibromyalgia
- Depression
- Lowers Cholesterol
- Iron-Rich
- Detoxifies Radiation & Chemotherapy
- Brain & Eye Health
- Anti-Ageing, Longevity
- Improves Exercise Performance
- Urinary Infections
- Kidney Stones
- Improves Circulation
- Skin Hydration & Elasticity
- Seasonal allergies and much more...

**180 Caps R600** Excl. VAT.





### Gfrag® Electro Fusion

- Electrolytes packed with: Red Superfoods, Anti-Oxidants & Daily Vitamins
- For Everyday Use
- A must for GLP1 Users
- Chronic Fatigue
- Nerve Function
- Hydration
- POTS Syndrome
- Kidney Health
- Overall Wellness
- and much more...

One of a kind

250g R450 Excl. VAT.



### Gfrag® Calm Down Juice

- Helps with Stress
- Lowers Blood pressure
- Increases Alertness
- Calms
- Improves Sleep
- Improves Concentration
- Improves Attention Span

Strawberry flavour

200g R300 Excl. VAT.



### Gfrag® Shroom Power

Mushroom coffee blends, especially those containing medicinal mushrooms like Cordyceps, Lion's Mane, Chaga, Shiitake, Turkey Tail, and Reishi, are increasingly popular for their broad spectrum of health benefits.

- Immune System Support
- Cardiovascular Health
- Atherosclerosis
- Memory and Cognitive Function
- Kidney Health
- Anti-inflammatory
- Anti-cancer
- Diabetes and Blood Sugar Regulation
- Chronic Fatigue
- Stress and Anxiety Relief
- Asthma Relief
- Menopausal Symptoms
- Peptic Ulcers
- Liver Cirrhosis
- Arthritis

A must for all women

200g | 40 Servings R320 Excl. VAT.



### Gfrag® Kidney Supplement

- Gfrag® Kidney Support Formula is a potent, plant-powered supplement crafted to promote optimal kidney function, natural detox, and urinary tract health.
- Promotes healthy kidney and urinary tract function.
- Supports natural detoxification and toxin elimination.
- Helps protect kidneys from oxidative stress and inflammation.
- Encourages healthy circulation and fluid balance.
- Protects Kidney Cells.
- Helps lower uric acid levels, reducing kidney stone risk.

90 Capsules R350 Excl. VAT.



### Gfrag® Night Cap Cocoa

Soothe. Sip. Sleep. A luxurious night time ritual to elevate your Gfrag® Wellness experience.

#### Why You'll Love It:

- Promotes deep, restful sleep
- Calms the mind and body
- Reduces anxiety and tension
- Supports gut health and muscle recovery
- Adds a smooth, chocolatey finish to your Gfrag® drinks.

Your new sleep bestie

*Not to be used on its own – always blend into your Gfrag® drinks for best results.*

#### (Specially crafted to pair with:)

- Gfrag® Collagen
- Gfrag® Fat Burning Hot Chocolate
- Gfrag® Hot Chocolate Collagen



25 Servings  
250g R350  
Excl. VAT.



### Gfrag® Eye Supplement

- Supports retinal and macular health.
- Combats screen fatigue and digital eye strain
- Enhances night and contrast vision
- Protects against oxidative and environmental damage

120 Capsules R380 Excl. VAT.



### Gfrag® Pure Focus Lions Mane Drops

- Sharpens focus & memory
- Boosts mood & clarity
- Supports nerves & gut-brain health
- Great for adults and kids!

Brain

10ml R100 Excl. VAT.

## Gfrag® Merch



### Gfrag® Water bottles

Available in green, orange and pink, please check with a coach about stock availability before placing your order.

500ml R150 Excl. VAT.



**Gfrag®**

## Alleviates Menopausal Symptoms

Bloating JOINT PAIN Allergies  
IRRITABILITY Vaginal dryness DEPRESSION  
IRREGULAR PERIODS MIGRAINES Hot Flashes  
Brain Fog MOOD SWINGS  
INSOMNIA Brittle Nails  
Hair Loss  
BREAST PAIN  
NIGHT SWEATS  
Change in body odour  
GUM PROBLEMS  
HEADACHES  
BURNING MOUTH  
Osteoporosis  
STRESS INCONTINENCE  
Irregular heartbeat  
DIZZINESS  
Electric shocks  
tingling extremities  
Dry itchy skin





SCAN ME

**Gfrag®**

## AMPK Activator

AMPK regulates fat metabolism and maintains proper levels of fatty acids, initiating fat burning for energy, particularly around the abdomen

- Encourages the body to burn stored abdominal fat
- Revitalizes youthful AMPK levels
- Two potent botanical extracts trigger AMPK activity
- Promotes healthy cellular metabolism



Encourages cells to stop storing fat

Start burning fat as energy

Peri-menopause & menopause

90 Capsules

www.gfrag.co.za

**Gfrag®**

## MENO Belly

Helps with Menopausal Belly Fat

Increases Energy

Prevents Hormonal Toxicity

Lessens High Cortisol




SCAN ME

**Gfrag®**

## SUPER BLACKS

OVERALL HEALTH SUPPLEMENT



Green & Red Wholefoods | Nutrition in Capsules

...for those who don't like the taste of powders

**Gfrag®**

## Ice Coffee

HIGH PROTEIN



**Gfrag®**

## Magnesium Ultra Pink Potent Powder

No Fillers. No Preservatives. Just Pure, Potent Magnesium.



**Premium Ingredients:**  
For maximum efficacy, we've combined multiple forms of magnesium to ensure fast absorption:

Magnesium Gluconate	Magnesium Glycinate	Magnesium Citrate
Magnesium Aspartate	Magnesium Orotate	

These ingredients work together to deliver fast relief from muscle cramps, headaches, stress, and more!

**Gfrag®**

## Shroom POWER

BLEND OF 6 MUSHROOM & PREBIOTIC FIBRE

- Cordycep Mushroom
- Lion's Mane
- Chaga Mushroom
- Shiitake Mushroom
- Turkey Tail Mushroom
- Reishi Mushroom



Our mushroom blend features powerful medicinal mushrooms known for their broad spectrum of health benefits.

**Gfrag®**

## OMEGA 3 Essential Fatty Acid

Double strength | 120 soft-gel capsules

- Supports joint health
- Supports nervous system
- Supports cardiovascular health
- Brain Health Mood
- Eye Health
- Anti-Inflammatory
- Use during peri-menopause & Menopause



Optimal Heart Function

Optimal Brain Function

Anti-inflammatory

Supports Healthy Vision

www.gfrag.co.za

**Gfrag®**

## Electro-Fusion

Hydration | Energy | Immunity | Gut Health | Performance

Electro-fusion is a versatile product designed to support hydration, muscle function, gut health, energy, immunity, and overall wellness. It's perfect for people experiencing digestive or hydration issues, GLP-1 users, those dealing with fatigue or muscle cramps, or anyone looking to improve their skin, hair, and nails. Packed with essential electrolytes, antioxidants, and vitamins, Electro-fusion helps maintain proper hydration, boost energy, and support immune function. Whether you're aiming to enhance performance, support recovery, or stay at your best throughout the day, these ingredients work synergistically to deliver optimal results. With its refreshing Mixed Berry flavour, Electro-fusion is an ideal electrolyte drink for both GLP-1 users and everyday individuals, providing the hydration and nutrients needed for overall wellness.





## IMPORTANT INFORMATION

Purchasing from our Website, or a recognized Gfrag® Wellness Coach or our Facebook page automatically means you have read, understood and agree to our terms and conditions.

## MEDICAL DISCLAIMER

You should always consult your doctor/health care practitioner before beginning any nutrition or exercise program. If you are on medication your doctor can help determine which products are best suited for you. The information and products available on this page are not to be considered as medical advice, nor are they substitutes for professional advice, diagnoses, cure, prevention or treatment of any disease or condition whatsoever

Gfrag® South-Africa is an online health store, specialising in a wide selection of natural supplements, vitamins, superfoods and health-related products. Our team is all about helping you unlock your full potential to live a healthy life. Although all our products are natural people may have a reaction to certain natural ingredients without prior knowledge of this. You are responsible for your own health. As with conventional medicine, herbal medicine is vast and complex. Please do consult your health care practitioner when seeking medical advice.

# IMPORTANT INFO

**KINDLY NOTE:** It may take 2-3 Days for a coach to get back to you with Gfrag® Product recommendations on a consultation.



Deliveries may take up to 4-7 working days depending on the couriers, public holidays, weekends and if your area is an outer lying areas etc. Couriers normally do not do deliveries over weekends as well as public holidays.



If we are sold out on a product or your coach is out of stock: The Waiting period can be up to 10 working days, please do not make any payments until our stock is replenished. We do not take any back orders. Best is to check with your coach regarding stock availability.



Orders will be sent out on Tuesdays & Thursdays. A tracking number will be sent to you, please see additional courier details below. Courier days may change when there is a public holiday; we will advise on our social media.

STOCK IS SUBJECT TO AVAILABILITY.



Regretfully we DO NOT give refunds AND/OR permit product returns, regardless of whether the product is OPENED OR SEALED.

Orders have to be placed and paid for, one day before courier day. No later than 14h30. Orders may take 1-3 days to process and will only be sent out after payment has been made. Payments must be paid in full before an order will be processed and sent out for delivery.

**VERY IMPORTANT!!!**

A tracking number with courier's link & contact details will be sent to you, so you can always track & trace your parcel.

**Courier Carrier:** The Courier Guy  
**Contact Details:** 010 222 2300 or contact your nearest branch  
**Tracking URL:** [www.thecourierguy.co.za](http://www.thecourierguy.co.za)

Please allow some time before tracking your parcel. It can take up to 24 hours for a courier to book a parcel into their hub, so if you find that there is no information available, please wait a little while longer before tracking your parcel again.

**Important:** For any queries regarding your shipment, please contact *The Courier Guy* directly and not your coach.

## Warnings & Disclaimers (Universal for All Gfrag® Products)



Discontinue use if you are sensitive or allergic to any of the listed ingredients. Allergic reactions may occur if you are unaware of an existing allergy (for example, to beetroot, botanicals, or plant extracts).



If you are pregnant, breastfeeding, or have a medical condition, consult your doctor, pharmacist, or another qualified healthcare professional before use.



This product contains natural ingredients, so variations in color, texture, and taste may occur from batch to batch. Natural ingredients may also separate — shake, stir, or mix before use if needed.



**Storage:** Store in a cool, dry place away from direct sunlight. Avoid exposure to high humidity, as this may affect the texture or flow of powdered products. Temperature stability is at the consumer's discretion, but extremes should be avoided.



Keep out of reach of children. Not intended for persons under 18 years of age unless recommended by a healthcare professional. Do not exceed the recommended dosage. Use at your own risk.



Gfrag® cannot be held liable for any adverse reactions, side effects, or misuse of this product. This product is not intended to diagnose, treat, cure, or prevent any disease.



Join our social media pages for more info, discount and competitions

Gfrag South Africa  
 gfrag\_health\_wellness  
 gfrag\_health\_wellness

**OUR PRODUCTS  
MAKES NO CLAIMS  
THE RESULTS SPEAK  
FOR THEMSELVES**

**Gfrag®**  
South Africa

**AFTER YOU HAVE RECEIVED  
YOUR ORDER:**

Kindly read through all the material.  
The directions of use are on the supplements you ordered - on the side of the containers.  
The injections use, on a separate pamphlet.  
After you have read all of the above, then contact your coach if you have any questions.  
List all the questions on 1 message please.

\* All Prices Excluding VAT & COURIER





Whatsapp  
081 867 4404

(WHATSAPP ONLY  
CANNOT RECEIVE CALLS)